

Cold Sandwiches

The Vegetarian	\$6.50
Hummus, cucumber, black olives, sprouts, lettuce, tomato and red onion on wheat bread.	
B.L.T	\$6.99
Bacon, lettuce, tomato and mayo on toasted sourdough.	
Jacklyn	\$7.50
Turkey, pepper jack, sprouts, mayo, mustard, and tomato on rye.	
The Club	\$7.99
Turkey, bacon, Monterey Jack cheese, avocado, lettuce, tomato, and mayo on toasted sourdough	
Michel-o	\$7.99
Turkey, roast beef, pepperoni, and cheddar cheese on sourdough.	
Italian Combo	\$7.99
Mortadella, salami, provolone cheese, Italian dressing, lettuce tomato and peperoncini on a 12" sub roll.	
The Beefeater	\$7.99
Corned beef, roast beef, and Swiss cheese with Thousand Island dressing on rye.	
Hot Mama	\$7.99
Roast Beef, pepper jack cheese, avocado, peperoncini, and Frank's Red Hot served on a 12" sub roll.	
Hot Poppa	\$7.99
Turkey breast, jack cheese, cream cheese, Flaming Hot Cheeto's, and jalapeños served on a 12" sub roll.	
Italian Stallion	\$8.50
Black peppercorn pastrami, cheddar cheese, deli mustard, and coleslaw on a 12" sub roll.	
Sea Trader	\$8.50
Black Forest ham, roast beef, turkey, avocado, and Monterey Jack cheese on a 12" sub roll.	
Surfer Spectacular	\$8.50
Choice of meat & cheese on a pita, with the works.	

Hot Sandwiches*

Tuna Melt	\$6.99
Albacore tuna salad and Swiss cheese on toasted wheat.	
Carolina BBQ Pork	\$7.99
Tangy BBQ pork, topped with coleslaw and served on a toasted onion roll.	
Charger	\$7.99
Black Forest ham, pepperoni, salami, melted mozzarella, cheddar and pepper jack on toasted rye.	
New York Hot Pastrami	\$7.99
Hot pastrami, cheddar cheese, red onion, and mustard on toasted rye.	
5 Easy Pieces	\$7.99
Black Forest ham, turkey breast, bacon and melted Provolone cheese with Thousand Island dressing, herb mayo, and coleslaw on toasted sourdough.	
Bum Steer	\$7.99
Roast beef and bacon with melted cheddar cheese, horseradish mayo and red onion on wheat bread.	
Onion Wheel	\$7.99
Black peppercorn pastrami, turkey breast, cheddar cheese, tomato, red onion, deli mustard and herb mayo on a toasted onion roll.	
Reuben	\$7.99
Corned beef, sauerkraut, Swiss cheese, and Thousand Island dressing on toasted rye.	
Meatball Sub	\$7.99
Meatballs, melted provolone, marinara and Italian seasoning on a toasted 12" sub roll.	



Wild Turkey	\$7.99
Turkey breast topped with melted Swiss cheese, bacon, tomato and mayo on toasted wheat.	
Long Island	\$8.50
Thinly sliced black peppercorn pastrami and corned beef topped with melted cheddar cheese, tomato, deli mustard and Thousand Island dressing on an onion roll.	
OB Star	\$8.50
Roast beef, bacon, provolone and cream cheese with the works on a toasted 12" sub roll.	
Roast Beef Cobb	\$8.50
Hot roast beef, bacon and mozzarella cheese with blue cheese crumbles, avocado, and blue cheese dressing served on a French roll.	
Nuclear	\$8.50
Sliced turkey breast, tangy BBQ pork and melted pepper jack cheese with coleslaw and hot sauce on a 12" sub roll.	
PTR	\$8.50
Pastrami, turkey and roast beef with oil & vinegar and the works on a toasted 12" sub roll.	

EXTRAS

Avocado	\$1.00
Bacon	\$1.00
Meats	\$1.50
Black Forest Ham	Corned Beef
Mortadella	Pastrami
Pepperoni	Roast Beef
Salami	Turkey
Tuna	
Cheese	\$1.00
American	Cheddar
Monterey Jack	Mozzarella
Pepper Jack	Provolone
Smoked Cheddar	Swiss

* Taxable

Breakfast Menu*

Available all day

- Simple Breakfast** \$5.00
Sausage, egg and cheese on your choice of croissant or bagel.
- O.B. Breakfast Burrito** \$5.00
Eggs, cheese, avocado and salsa wrapped in a flour tortilla.
- Sea Trader Breakfast** \$5.99
Ham, sausage, bacon, cheese and egg on your choice of croissant or bagel.
- Meat Lovers Breakfast Burrito** \$5.99
Ham, bacon, sausage, cheese and egg in a flour tortilla.

All Day Refreshing

- Acai Bowl** \$6.99
16oz Acai bowl with fresh fruit, honey, and granola.

In addition to our legendary deli, **The Sea Trader** features one of the best craft beer selections in San Diego. Nestled on a quiet Ocean Beach corner, we stock over 300 craft beers from California and beyond.

Check out our website for a complete listing of our offerings and reviews.

Like us on Facebook for new release announcements.

Looking for something special that's not on our list? Give us a call. We'll let you know if we can start carrying it, or possibly add a private stock just for you!

Store Hours

8am - 11pm Everyday

Deli Hours

8 am - 7pm Everyday

1403 Ebers St
(Corner of Ebers and Point Loma Ave)

(619) 223-3010



* Taxable



Sea Trader Liquor & Deli

Ocean Beach's
Best Selection of
Deli Sandwiches &
Craft Beers